## **Approach to Face Lifting and Tightening Treatments with the WonderFace Facial Muscle Toning Device**

Elizabeth García Bonome MD Santa Cruz de Tenerife, Spain.

The innovative WonderFace aesthetic medical device is revolutionizing how aesthetic physicians address facial aging signs in our clinic. Previously, neuromodulators or dermal fillers, which paralyze or add volume, were the first choice for treating mid-face volume loss, drooping eyelids, and nasolabial folds.

Now, with WonderFace, we can naturally address the underlying causes of aging by strengthening the lifting muscles and improving the muscle structure's density and quality, providing a natural and lasting lift.

Aesthetic medicine professionals who have incorporated WonderFace into their practice confirm that the treatment benefits last several months after its conclusion. WonderFace is establishing itself as a non-surgical and effective alternative to more invasive facial rejuvenation methods, extremely valuable as many patients, particularly men, are reluctant towards injectable treatments. WonderFace's popularity among these patients underscores its acceptance as a natural and less invasive solution.

This device not only reduces the need for more aggressive interventions but also delivers compelling results that meet our patients' expectations, positioning WonderFace as the preferred option for those looking to avoid injectable treatments.

Typically, we recommend between 8 and 10 WonderFace sessions, with two sessions per week. During this period, we conduct periodic reviews to discuss patient expectations and evaluate results.

From the first sessions, the reduction of nasolabial folds and increased volume in the mid-face area are noticeable. As the treatment progresses, these benefits intensify, with a significant eyebrow lift and an opening of the gaze observed after the fourth session, demonstrating significant restructuring of the facial architecture.

The powerful radiofrequency applied across the face improves static forehead lines and the overall skin quality. WonderFace is the first device to simultaneously apply Bipolar Radiofrequency and high-intensity Neurostimulation to the face, reducing facial aging effects as demonstrated by clinical studies. Patients completing an 8 to 12 session treatment can expect up to a 20% reduction in facial wrinkles and up to a 25% increase in muscle tone.

Additionally, WonderFace offers a non-invasive, needle-free, and painless procedure, allowing some patients even to sleep during sessions. Most enjoy the 1500 muscle contractions and the temperature of up to 44 degrees provided by the facial electrodes.

In some cases, we have combined WonderFace with other treatments like Botox or filler implants to optimize results.

The electrodes stimulate the facial lifting muscles, such as the frontalis, major and minor zygomaticus, and risorius muscles, improving the face contour and smoothing nasolabial folds and marionette lines. Additionally, the electrode covering the platysma area acts on the double chin, helping to evacuate retained fat accumulations and refine the jawline.

WonderFace naturally addresses the aging process, reducing wrinkles and increasing volume by modulating dermal collagen, offering an effective alternative for those who prefer to avoid more invasive options.

Since its introduction in our clinic, all patients have experienced tangible results immediately after the first or second treatment, with significant improvements in eyebrow lifting, skin texture, and reduction of nasolabial folds, also enhancing the jawline laxity and the overall quality of the skin.

Elizabeth García Bonome MD Director of Bonome Clinic Cairasco, 9, Santa Cruz de Tenerife, 38004, Spain. T. 922 282 162 info@clinicabonome.com